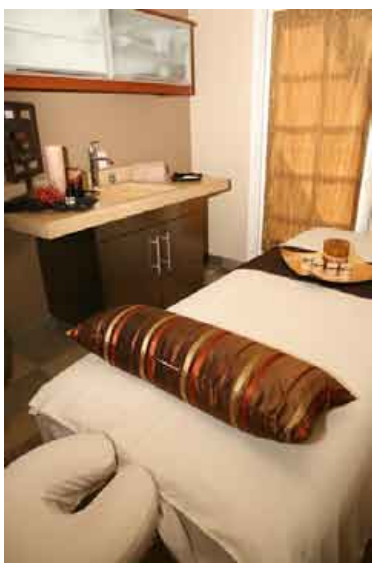


# Spa Indulgences



# Bella Faccia Dental Spa

## SPA FACIALS

12705 Monte Vista Road  
Poway, CA 92064  
858.487.8090

### **TUSCAN ESCAPE FACIAL**

50min / \$75

Escape to another world during our deep cleansing, exfoliation and extraction facial designed to address the specific needs of each skin type. A purifying treatment, which includes a gentle exfoliating peel to remove dull surface skin cells, a luxurious massage, deep-cleaning masque and botanical extracts to rejuvenate and nourish the skin. A heated hand treatment completes the experience.

### **GENTLEMEN'S FACIAL**

50min / \$75

Even men need a little pampering. This deep cleansing facial is designed exclusively for the distinct needs of a man's skin, like minimizing razor burn and ingrown hairs. Beginning with soothing steam, followed by exfoliation, extraction and a soothing neck and shoulder massage. Pure relaxation for the on-the-go, jet-setting kind of guy.

### **BELLA QUICK FIX FACIAL**

25 min / \$40

This treatment will maintain healthy skin between regular deep cleansing treatments. We will cleanse, exfoliate, massage and apply a soothing masque. This treatment provides great results...despite your busy schedule.



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## SIGNATURE FACIAL TREATMENTS

(G.M. COLLIN)

### **BOTINOL TREATMENT**

90 min / \$120

G.M. Collin's signature clinical treatment providing clinically proven botox-like effects without micro-injections. This treatment is a combination of 5 peptides including Retinol, Alpha-Lipoic Acid, Isoflavone and an internationally exclusive Algae Matrix. The combination of ingredients work in synergy for an intense myo-relaxing action and increases collagen and elastin synthesis while fighting free radicals. The result is a treatment that prevents and corrects lines of expression caused by micro-contractions of the skin.

*This treatment is designed as a series of 4 treatments.*

### **COLLAGENE 90-II**

90 min / \$120

Experience a world-renowned, advanced, clinical anti-aging treatment perfected by G.M. Collin. Lyophilized, non-altered collagen and biotechnical actives provide an immediate improvement to the skin leading to a more youthful skin appearance, without invasive surgery. Used on a regular basis, Collagen 90-II promotes optimal skin conditions to subdue the appearance of visible signs of aging.

*This treatment is designed as a series of 5 treatments.*

### **SEA C SPA**

90 min / \$110

This reactivating clinical treatment is designed to rejuvenate the skin by promoting collagen synthesis, replicating elastin and protecting against free radicals. Derived entirely from marine and botanical active ingredients, Sea C Spa's unique concept combines a pure vitamin C concentrate, moisturizing seaweed patches and organic mud mask for unparalleled results. Gives immediate and long-lasting improvement to the appearance of fine lines and wrinkles, is a powerful antioxidant and restores the youthful appearance of the skin. Applied on a regular basis, Sea C Spa promotes optimum skin functions to postpone the appearance of visible signs of aging.

*This treatment is designed as a series of 4 treatments.*



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## SIGNATURE FACIAL TREATMENTS

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### **HYDROLIFTING**

*55 min / \$100*

This specialized preventative and corrective anti-aging four-phase clinical treatment is designed to exfoliate, hydrate, restore, lift and firm. Enriched in soya protein to lift and tone, hyaluronic acid to moisturize, aloe vera and orange blossom water to soothe, soften and refresh, virgin almond oil and shea butter to nourish and restore the skin's natural balance. This clinical treatment gives an immediate "surgical-free" lift and glowing complexion. Excellent treatment before a big event. Always a To-be Bride's favorite!

### **DERM RENEWAL PEEL (AHA)**

*add to any  
treatment / \$20*

A very effective clinical deep-exfoliating treatment using alpha hydroxy acids (such as glycolic and lactic acids extracted from sugar cane, lemon, apple, passion fruit, grape, pineapple) and a beta hydroxy acid (citric acid). To brighten the complexion, increase skin absorption response and promote skin renewal while moisturizing deeply. Results in the notable reduction in the depth of lines and wrinkles, while leaving the skin fresh and radiant.

### **ALGOMASK+**

*55 min / \$90*

This specialized cooling thermo-mask is ideal for dehydrated, sensitive, couperose and acne-prone skin. The seaweed extract and regenerating organic silicon hydrate and soothe skin, reducing redness and providing instant radiance. This mask can be customized for the skin condition and needs of the client by adding the appropriate treatment concentrate under the mask.



# Bella Faccia Dental Spa

## BODY TREATMENTS

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### **SWEDISH MASSAGE**

50min / \$75

This full body massage promotes relaxation, improves circulation, relieves muscle pain/tension, and reduces stress. Swedish massage is a traditional European massage that involves techniques of long strokes and kneading. We highly recommend this massage for those receiving their first massage. Hot Stone massage can be combined with the Swedish massage for a uniquely relaxing experience.

### **THERAPEUTIC MASSAGE**

50min / \$80

This deep tissue treatment offers a comprehensive range of massage modalities that work to break down adhesions and nodules of the body's connective tissues and muscles to encourage proper functioning.

### **REFLEXOLOGY**

50min / \$75

A deeply relaxing pressure point massage based upon the premise that each organ in the body corresponds to a specific point on the foot. All flows of energy are restored to their natural pathways, creating a reposed state.

### **AROMATIC MASSAGE**

50min / \$75

Indulge in a moment of pure bliss with our signature aromatherapy massage blend. Our aromatic massage uses Swedish style techniques but is enhanced with aromatherapy oils. A selection of relaxation aromatherapy oils are available. This massage is a true delight!

### **ASIAN CENTRIC MASSAGE**

50min / \$85

In an atmosphere of reverence and meditation, the therapist guides your body through a flowing sequence of yoga-based stretches, while applying rhythmic pressure along the energy pathways and points. Each session is designed to meet your individual needs and abilities. Your Asian Centric massage session is a combination of Thai and Shiatsu techniques and takes place in our beautiful outdoor cabana.



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## THERAPEUTIC BODY TREATMENTS

### **ACTI-SEA BODY MUD TREATMENT**

50min / \$85  
90min / \$100

Experience the joy of a relaxing mud treatment. The Acti-Sea body mud is smoothing, stimulating and detoxifying for the skin and body. It features five different varieties of algae harvested off the Brittany Coast. This potent mix stimulates, firms and moisturizes, while helping achieve a state of deep relaxation. Promotes decongestion and waste elimination for smoother skin. (90min package includes a 30minute Swedish Massage.)

### **EUROPEAN ROSE BODY MUD TREATMENT**

50min / \$85  
90min / \$100

This remarkable mud contains soothing Rose Clay extracted from the Provence region of France. Carefully sun-dried to retain its purity, the clay is infused with deeply hydrating Apricot and Wheat, Alpha Hydroxy and Lactic Amino Acids. This skin renewing treatment accelerates epidermal cell renewal, ensures renewed hydration and stimulates the skin's self-protecting mechanism against oxidative stress. (90min package includes a 30 min. Swedish Massage).

### **BLACK BALTIC BODY MUD TREATMENT**

50min / \$85  
90min / \$100

A truly delightful experience awaits you. The Black Baltic mud utilizes colloidal Black European Fresh Water Silts to improve skin texture and extract pore-clogging impurities that damage and weaken skin. Formed over 30,000 years ago, these Black Silts contain 40% Humic Acid and an abundance of fatty acids, lipids and vitamins and minerals to enhance cell turnover while hydrating the skin. (90min. package includes a 20 minute Swedish Massage).



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## **THERAPEUTIC BODY TREATMENTS**

### ***EXFOLI-SEA SALT TREATMENT***

30min/\$40

Your skin will feel restored and radiant after this refreshing Exfoli-salt treatment. Therapeutic Dead Sea salts which are triple-layered in three crystal sizes gently awaken circulation while removing accumulated impurities. After exfoliating, hydrating lotion will leave your skin glowing and renewed.

### ***MICRO-BUFF BODY POLISH TREATMENT***

30min/\$40

This treatment is ideal for sensitive skin. This extra gentle treatment uses micronized buffing beads, loofa and apricot powder to refine the flakiest and roughest areas without irritation. It will lift away dead cells and refine and soften the skin. A cascade of rich, smooth body butter feeds the skin with vital nutrients.. Your skin will be radiant and even toned.

### ***SPA FOOT TREATMENT***

30min/\$40

Get ready to relax and repair tired feet. We use a botanically rich treatment to help infuse moisture and leave your feet feeling soft. Your feet will be polished, wrapped with mineral rose mud from the Provence area of France, then rejuvenated with hydrating lotion to seal in the moisture.



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## ADDITIONAL SPA SERVICES

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### EYEBROW AND LASH TINTING

This is a great way to intensify the color of your lashes and brows without the use the use of mascara and brow pencils.

<i>Lash Tint</i>	\$25
<i>Brow Tint</i>	\$25
<i>Lash and Brow</i>	\$45

### WAXING AND TWEEZING

Our waxing services are customized to suit your specific needs.

<i>Lip</i>	\$15 and up
<i>Chin</i>	\$15 and up
<i>Brow, Lip, and Chin</i>	\$45 and up
<i>Brow and Lip</i>	\$35 and up
<i>Brow Shaping</i>	\$20
<i>Eyebrow tweezing</i>	\$20
<i>Brow Sculpting</i>	\$20

### INFRADERM

20min /\$25

Also known as a High Frequency treatment. This is a wonderful way to control breakouts. This treatment will help promote healthy looking skin.

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## **SUGGESTIONS FOR YOUR SPA EXPERIENCE**

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### ***SPA RESERVATIONS***

We suggest making reservations at least one week in advance for maximum availability of services and appointment times. Our spa services are guaranteed with a credit card number.

### ***SHOULD YOU NEED TO CANCEL***

As a courtesy to other clients and our team members, cancellations or rescheduling of treatments must be at least 4-hours in advance of your treatment time. Fifty percent of the treatment price will be charged for cancellations and/or changes made less than 4 hours prior to the appointment time. No-show appointments will be charged in full.

### ***ARRIVING FOR YOUR TREATMENT***

Plan to arrive at least 10 minutes prior to your treatment time. This will allow you time to check-in, change and begin the relaxation process. A luxurious spa wardrobe of spa slippers and cozy robe is provided for you during your stay. For your personal comfort, undergarments may be worn during treatments. However, our therapists are trained on proper draping procedures to ensure your complete comfort at all times.

### ***ARRIVING LATE***

Arriving late will deprive you of valuable treatment time. As a courtesy to the next guest, your treatment will end at the time originally scheduled.

### ***MEDICAL CONDITIONS***

Please let us know in advance of any special conditions we need to be aware of, such as pregnancy, high blood pressure, heart ailments or any condition that may be contraindicated for heat therapies, massage or skin care.

### ***GRATUITIES***

Gratuities to the therapists are appreciated and are solely at your discretion.

### ***JEWELRY AND PERSONAL ITEMS***

Please remove any jewelry and other valuables prior to your spa visit. You may stow them in a safe location within your treatment room, however management is not responsible for lost or stolen items.